

# **BORDERLOOP CYCLE ROUTE**

## What is it?

A 250-mile circular way-marked route through the Scottish Borders countryside.

## Why do it?

Stunning views and great opportunities to explore the varied scenery of the region from rolling hills and moorland to farmland and coastline. The route goes through picturesque towns and villages including Peebles, Melrose and Kelso.

There are lovely places to see, high quality restaurants and coffee stops and historic visitor attractions en-route

## How tough?

Moderate – a few steep sections.

The vast majority of the route is on quiet roads. The entire Borderloop takes around 7 cycling days to complete but several possible shortcuts offer alternative itineraries

## Where to stay?

All suggested accommodation below is Cyclist Welcome accredited which means they provide additional facilities for visitors touring Scotland by bicycle, such as secure bike storage, clothes-drying facilities and flexible eating arrangements to accommodate unpredictable arrival times.

There is more accommodation available in all areas  
Visit [www.visitscottishborders.com](http://www.visitscottishborders.com) for details.

## The Route:

The route can be split in many ways depending on the distance to be cycled each day:

### Possible itinerary

Melrose – Duns (31 miles)

Duns – St Abbs/Eyemouth (25/27 miles)

Eyemouth – Kelso (approx 39 miles)

Kelso– Hawick (approx 46 miles)

Hawick – St Mary's Loch/Tweedsmuir (approx 33/39 miles)

Tweedsmuir – Peebles ( approx 23 miles)

Peebles – Melrose (42 miles)

## Get a map/more info:

[buy a map of the borderloop](#)

More info on recreational cycling and longer distance way-marked cycle routes in the Scottish borders  
[www.cyclescottishborders.com](http://www.cyclescottishborders.com)

General info on attractions and accommodation in the Scottish Borders  
[www.visitscottishborders.com](http://www.visitscottishborders.com)



## Biking Information

### Cycle Hire/Repairs/Transfers

#### KELSO

**Simon Porteous Cycles** (Sales & repairs)  
Tel 01573 223 692

#### GALASHIELS

**Singletrack Bikes** (Sales and repairs)  
Tel 01896 758327  
[www.singletrackbikes.co.uk](http://www.singletrackbikes.co.uk)

**Diamond Cycle Centre** (Hire, Sales and Repairs)  
Tel 01896 758410  
[www.stevediamondcycles.co.uk](http://www.stevediamondcycles.co.uk)

#### JEDBURGH

**Christopher Rainbow** (hire)  
Tel 01835 830326

**P&S Dorricott** (sales, hire and repairs)  
Tel 01835 862 423

#### PEEBLES

**Glentress Bike Hire** (Sales, hire and repairs)  
Tel 01721729756  
[www.glentressbikehire.co.uk](http://www.glentressbikehire.co.uk)

#### INNERLEITHEN

**Alpine Bikes** ( Hire, sales and repairs)  
Tel 01896 830 880  
[www.alpinebikes.com](http://www.alpinebikes.com)

**i-cycles** (sales and repairs)  
Tel 01896 833848

#### Go-Where

Passenger/ bike/luggage transfer and guided service throughout Scotland for up to 12 clients.  
Tel 01896 888096  
[www.go-where.co.uk](http://www.go-where.co.uk)



# **BORDERLOOP** CYCLE ROUTE INFO

## Biking Accomodation

### Where to Stay

#### MELROSE

**Braidwood, 4★ B&B**, Buccleuch Street, Melrose  
Tel 01896 822488  
[www.braidwoodmelrose.co.uk](http://www.braidwoodmelrose.co.uk)

**Dunfermline House, 4★ Guest House**, Buccleuch Street, Melrose  
Tel 01896 822411  
[www.dunfermlinehouse.co.uk](http://www.dunfermlinehouse.co.uk)

**Fiorlin B&B, 3★ B&B**, Abbey St, Melrose  
Tel 01896 822 984  
[www.melroseaccommodation.co.uk](http://www.melroseaccommodation.co.uk)

**Melrose Youth Hostel, 2★ Hostel**  
Priorwood High Road, Melrose  
Tel 01896 822521  
[www.syha.org.uk](http://www.syha.org.uk)

**The Townhouse, 3★ small hotel**, Melrose  
Tel 01896 822645  
[www.thetownhousemelrose.co.uk](http://www.thetownhousemelrose.co.uk)

**Burts Hotel, 3★ small hotel**, Melrose  
Tel 01896 822285  
[www.burtshotel.co.uk](http://www.burtshotel.co.uk)

**George & Abbotsford Hotel, 2★ Hotel**  
Tel 01896 822308  
[www.georgeandabbotsford.co.uk](http://www.georgeandabbotsford.co.uk)

**Fauhope House, 5★ B&B**, Melrose  
Tel 01896 823184

#### ST BOSWELLS

**Buccleuch Arms, 3★ Small Hotel**  
Tel 01835 822243  
[www.buccleucharmshotel.co.uk](http://www.buccleucharmshotel.co.uk)

**Clint Lodge, 4★ Guest House**  
Tel 01835 822027  
[www.clintlodge.co.uk](http://www.clintlodge.co.uk)

**Mainhill, 3★ B&B**, by Melrose  
Tel 01835 823788

#### CHIRNSIDE

**Chirnside Hall 4★ Country House Hotel**  
Tel 01890 818219  
[www.chirnsidehallhotel.com](http://www.chirnsidehallhotel.com)

#### COLDINGHAM/ST ABBS/EYEMOUTH

**Dunlaverock House 4★ Guest House**, Coldingham Sands,  
Tel 01890 771450  
[www.dunlaverock.com](http://www.dunlaverock.com)

#### COLDSTREAM

**Fernyrig Farm, 3★ B&B**, Coldstream  
Tel 01890 830251  
[www.fernryig.btinternet.co.uk](http://www.fernryig.btinternet.co.uk)

#### KELSO

**Edenmouth Farm, 3★ B&B**, near Kelso  
Tel 01890 830391  
[www.edenmouth.co.uk](http://www.edenmouth.co.uk)

**The Roxburghe Hotel and Golf Course, 3★ Country House Hotel**  
Heiton, by Kelso  
Tel 01573 450331  
[www.roxburghe-hotel.com](http://www.roxburghe-hotel.com)

#### HAWICK

**Wiltonburn Farm 3★ B&B**,  
Tel 01450 372 414  
[www.wiltonburnfarm.co.uk](http://www.wiltonburnfarm.co.uk)

**Rosemount, 3★ B&B**,  
84 Weensland Road  
Tel 01450 375405

**Kirkton Farmhouse, 4★ B&B**  
Tel 01450 363 464  
[www.kirktonfarmhouse.co.uk](http://www.kirktonfarmhouse.co.uk)

**Oakwood House, 3★ B&B**, Buccleuch Road  
Tel 01450 372814

**Lynwood Cottage B&B Suites, 4★ B&B**, Liddesdale Road  
Tel 01450 372461  
[www.lywoodcottage.co.uk](http://www.lywoodcottage.co.uk)

#### PEEBLES

**Lindores, 3★ Guest House**, Old Town, Peebles  
Tel 01721 722072  
[www.lindorespeebles.co.uk](http://www.lindorespeebles.co.uk)

**Whitestone House, 3★ B&B**, Innerleithen Road  
Tel 01721 720337

**Peebles Hotel Hydro, 4★ hotel**, Innerleithen Road  
Tel 01721 720602  
[www.peebleshydro.co.uk](http://www.peebleshydro.co.uk)

**Winkston Farmhouse, 4★ B&B**  
Tel 01721 721264  
[www.winkstonholidays.co.uk](http://www.winkstonholidays.co.uk)

**The Tontine, 3★ hotel**, High Street, Peebles  
Tel 01721 720892  
[www.tontinehotel.com](http://www.tontinehotel.com)

#### NEAR PEEBLES

**Craiguart B&B**, Eshiels, Innerleithen Road, Peebles  
Tel 01721 720219  
[www.craiguart.co.uk](http://www.craiguart.co.uk)

**Glede Knowe, 4★ Guest House**, St Ronans Terrace, Innerleithen  
Tel 01896 831295  
[www.gledeknowe.co.uk](http://www.gledeknowe.co.uk)

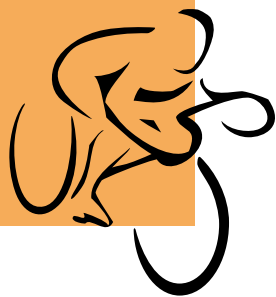
**Caddon View, 4★ Guest House**, Pirn Road  
Tel 01896 830208  
[www.caddonview.co.uk](http://www.caddonview.co.uk)

**Cringletie 4★ Country House Hotel**  
Tel 01721 725750  
[www.cringletie.com](http://www.cringletie.com)

**The Schoolhouse –Traquair, 2★ B&B**  
Tel 01896 830425  
[www.stay-in-traquair.co.uk](http://www.stay-in-traquair.co.uk)

**Castlehill Knowe, 4★ B&B**, near Peebles  
Tel 01721 740218  
[www.castlehill-knowe.co.uk](http://www.castlehill-knowe.co.uk)

**Horseshoe Inn, 4★ Restaurant with Rooms**, Eddleston  
Tel 01721 730225  
[www.horseshoehinn.co.uk](http://www.horseshoehinn.co.uk)



# BORDERLOOP CYCLE ROUTE INFO

## Recommended coffee stops/lunch/dinner:

### MELROSE

**Burts Hotel**, award-winning food  
Bar lunches and suppers plus evening restaurant  
Tel 01896 822285  
[www.burtshotel.co.uk](http://www.burtshotel.co.uk)

#### The Townhouse

Bar lunches and suppers plus evening restaurant  
Tel 01896 822645  
[www.thetownhousemelrose.co.uk](http://www.thetownhousemelrose.co.uk)

#### Russells

Coffee, cakes and lunches (9am – 4.30pm)  
Tel 01896 822 335

#### Monte Cassino – Italian restaurant

Lunch and dinner  
Tel 01896 820082  
[www.montecassinomelrose.co.uk](http://www.montecassinomelrose.co.uk)

#### Marmions Brasserie

Light & full lunches, evening meals  
Tel 01896 822245  
[www.marmionsbrasserie.co.uk](http://www.marmionsbrasserie.co.uk)

### ST ABBS

**Ebbcarrs Cafe**, Tel 01890 771302

### NR COLDSTREAM

**The Hirsell Cottage Tea Room**, The Hirsell, Coldstream  
Coffees, baking, light meals  
Tel 01890 883645  
[www.hirsellcountrypark.co.uk](http://www.hirsellcountrypark.co.uk)

### KELSO

**Floors Castle Terrace Café and Courtyard Restaurant**  
Coffees and lunches  
Tel 01573 233333  
[www.roxburghe.net](http://www.roxburghe.net)

**Oscars**, Kelso  
Contemporary bistro cuisine, Dinner  
Tel 01573 224008  
[www.oscars-kelso.com](http://www.oscars-kelso.com)

### JEDBURGH

**Simply Scottish**, High Street, Jedburgh  
Coffees, light lunches and full meals (10am – 5pm)  
Tel 01835 864696

**Spread Eagle**, High Street, Jedburgh  
Evening bar meals  
Tel 01835 862 870  
[www.spreadeaglejedburgh.co.uk](http://www.spreadeaglejedburgh.co.uk)

### NEAR JEDBURGH

**Cross Keys Hotel**, The Green, Ancrum  
Evening bar suppers  
Tel 01835 830344  
[www.ancrumcrosskeys.co.uk](http://www.ancrumcrosskeys.co.uk)

**Woodside Walled Garden**  
Soups, sandwiches, cakes and coffees.  
Woodside, nr Harestanes, Jedburgh  
Tel 01835 830 315

**Caddy Mann** – Mount Hooly  
Delicious homemade dishes created with local produce  
Tel 01835 850 787  
[www.caddymann.com](http://www.caddymann.com)

**Harestanes Countryside Visitor Centre**  
Lunches, coffees and cakes  
Tel 01835 830306

### HAWICK

**Turnbulls**  
Award-winning delicatessen and coffee shop  
Tel 01450 372 020  
[www.turnbullshop.com](http://www.turnbullshop.com)

**Damascus Drum**, Bookstore and cafe  
Tel 07707856123  
[www.damascusdrum.co.uk](http://www.damascusdrum.co.uk)

**Bean Scene**, Food, coffee and music  
Tel 01450 376 228  
[www.beanscene.co.uk](http://www.beanscene.co.uk)

### ST MARY'S LOCH

**Tibbie Shiels Inn**  
Coffees, lunch, evening meals  
Tel 01750 42231  
[www.tibbieshiels.com](http://www.tibbieshiels.com)

**Glen Café**  
Coffees, baking and snacks  
Closed Tuesdays  
Tel 01750 42241  
[www.glencafe.co.uk](http://www.glencafe.co.uk)



### PEEBLES

**The Sunflower Restaurant**, Bridgegate, Peebles  
Mon-Sat coffees and lunch  
Thur-Sat dinner  
Tel 01721 722420  
[www.sunflowerrestaurant.co.uk](http://www.sunflowerrestaurant.co.uk)

**County Inn**, High Street, Peebles  
Lunch & Dinners  
Tel 01721 720595

**Oven Door Tearoom**,  
Open all day  
Coffees, lunches and dinners  
Tel 01721 723456

**Ramblers Tearoom**  
Old Town, Peebles  
Coffees, lunches and snacks 7.30am – 4pm  
Tel 01721 723636

**Tontine Hotel**  
Coffees, lunches, dinners  
7.30am – 9.30pm  
Tel 01721 720892  
[www.tontinehotel.com](http://www.tontinehotel.com)

**Hub in the Forest Cafe**, Glentress, near Peebles  
Lunches, snacks and cakes  
Tel 01721 722104  
[www.thehubintheforest.co.uk](http://www.thehubintheforest.co.uk)

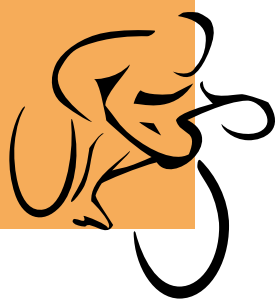
**Eastgate Theatre & Arts**, Peebles  
Snacks and drinks  
Tel 01721 725785  
[www.eastgatearts.com](http://www.eastgatearts.com)

### INNERLEITHEN

**Whistle Stop Café & Flower Shop**,  
High St, Innerleithen  
Coffees, snacks, lunches, high teas (Daytime)  
Tel 01896 830370  
[www.whistlestopcafeinnerleithen.co.uk](http://www.whistlestopcafeinnerleithen.co.uk)

### GALASHIELS

**Pipers Cafe**  
Tel 01896 757 525  
**Bambu**  
Coffees, light meals,  
Tel 01896 758 102



# **BORDERLOOP** CYCLE ROUTE INFO

**What to see?** *A few suggestions on things to see en-route:*

## **ABBOTSFORD HOUSE, nr Melrose**

Historic home of Sir Walter Scott, one of Scotland's most important literary figures. Tearoom and gift shop on-site.

**Open mid March – end October**

**Admission charged**

## **MELROSE ABBEY**

Melrose Abbey is a magnificent ruin on a grand scale with lavishly decorated masonry including the bagpipe-playing Melrose pig. The Abbey is thought to be the burial place of Robert the Bruce's heart, marked with a commemorative carved stone plaque within the grounds. Visitors can also visit a small museum housing a display of artifacts found within the abbey.

**Admission charged – open all year**

## **SMAILHOLM TOWER**

Smailholm Tower is one of the most evocative sights in the Border country. Its stark form is a dominant feature in the rolling landscape of the Tweed valley. Smailholm's story takes us from the 15th century to just beyond the Union between Scotland and England in 1707. The lonely tower is associated with two notable Border families – first the Pringles (Hoppringles) up to 1645; thereafter the Scotts of Harden, ancestors of Sir Walter Scott.

**Admission charged – open all year**

## **THE HIRSEL COUNTRY PARK (COLDSTREAM)**

Walks, tearoom. Craft centre and museum

**Admission Free to cyclists/pedestrians**

**Open all Year**

[www.hirselcountrypark.co.uk](http://www.hirselcountrypark.co.uk)

## **COLDSTREAM MUSEUM, MARKET SQ, COLDSTREAM**

Traces the history of the Coldstream Guards

**Admission free**

**Open end March – October Mon-Sat 10-4pm, Sun 2-4pm**

## **KELSO ABBEY**

Kelso Abbey was founded during the reign of King David I (1124-1153). At one time the grandest of the Border Abbeys, its location meant it saw many English armies pass by over the centuries. Regular raids by the English (particularly in the 1540s under Henry VIII) have led to little of this magnificent building surviving.

**Admission free – open all year**

## **FLOORS CASTLE**

Built in 1721, Floors Castle is the ancestral home of the Duke of Roxburgh and still inhabited by the current Duke and his family. There is an interesting garden centre in the grounds which is open all year, and two tearooms:

- The Terrace Café (nr garden centre) open all year
- The Courtyard Restaurant (open during the tourist season)

**Admission charged for the Castle – open Easter - October**

## **TEVIOT WATER GARDENS & SMOKERY**

Riverside display garden and riverside walks, food, Food/Craft Hall, Aquatic/Garden Centre, Smokery and Conservatory Restaurant.

**Admission free – Open all year, 10am-5pm**

## **HARESTANES VISTOR CENTRE, nr Jedburgh**

Exhibitions and countryside walks, crafts businesses, gift shop and tearoom.

Park open all year

Gift shop and tearoom open April – October only

**Admission free**

## **MARY, QUEEN OF SCOTS HOUSE**

Museum in Jedburgh devoted which tells the story of the Life of Mary Stuart, Queen of the Scots

**Admission Free – Open all year**



Jedburgh Abbey

## **JEDBURGH ABBEY**

Jedburgh Abbey, founded in 1138, was a frequent target for invading border armies. Today, there is a cloister and herb garden to explore, and a visitor centre containing 8th century carvings and artifacts excavated from the abbey grounds.

**Admission charged – open all year**

## **HAWICK MUSEUM**

Discover passionate collectors, racing legends, famous painters and local history in a historic house within a beautiful Victorian park. There is always something new to see with a lively programme of changing art and museum exhibitions throughout the year.

**Admission free – open all year**





# BORDERLOOP CYCLE ROUTE INFO (CONTINUED)

**What to see?** A few suggestions on things to see en-route:

## DAWYCK BOTANIC GARDENS, Stobo, nr Peebles

Renowned for its seasonal displays, an abundance of exotic and native plants provides a breathtaking backdrop of colour throughout the year

Open Feb – Nov  
Admission charged  
[www.rbge.org.uk](http://www.rbge.org.uk)

## TRAQUAIR HOUSE, Innerleithen, nr Peebles

Oldest continuously occupied house in the British Isles. Also the site of a brewery, craft workshops and tearoom.

Open April – November  
Admission charged  
[www.traquair.co.uk](http://www.traquair.co.uk)

## ROBERT SMAIL'S WORKSHOP, Innerleithen, nr Peebles

A unique example of our industrial heritage in the form of a fully operational Victorian Letterpress Printing Works in the Borders town of Innerleithen.

Admission charged - open April to October.  
[www.nts.org.uk](http://www.nts.org.uk)



## FARMERS MARKETS

The Scottish Borders is home to a host of local producers creating everything from cured meats and cheeses, to farmhouse ice creams.

Great places to pick up goodies for a packed lunch or foodie gifts to take home.

**Kelso Farmers Market** – 4th Saturday of the month, 9.30am – 1.30pm, Kelso Town Square

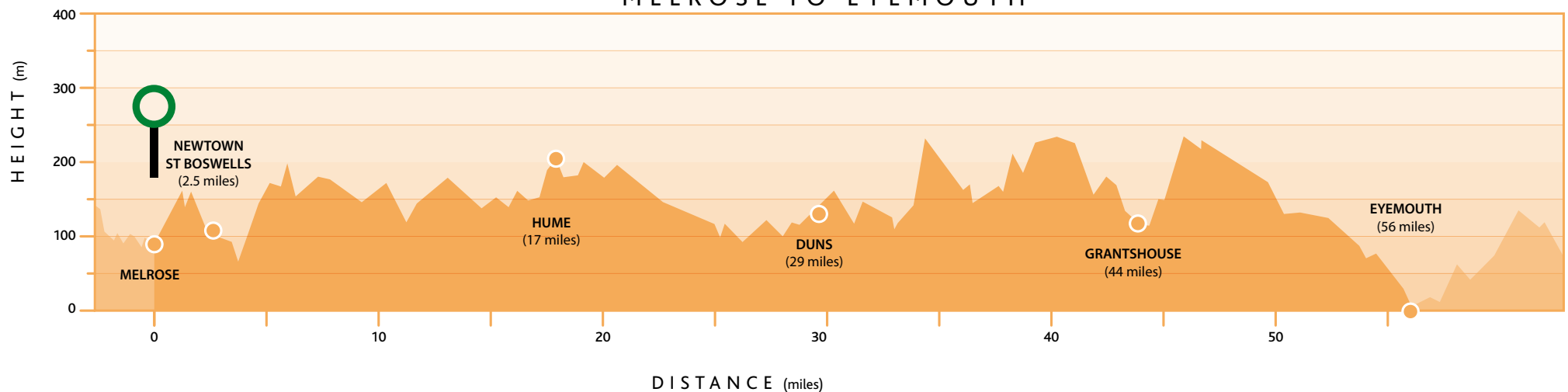
**Hawick Farmers Market** – 3rd Friday of the month, 9.30am - 1.30pm, Hawick

**Jedburgh Farmers Market** – First Friday of the month, 9.30am – 1.30pm, Market Place, Jedburgh

**Peebles Farmers Market** – 2nd Saturday of the month, 9.30am - 1.30pm, Eastgate Carpark

## ROUTE PROFILE SECTION 1

### MELROSE TO EYEMOUTH

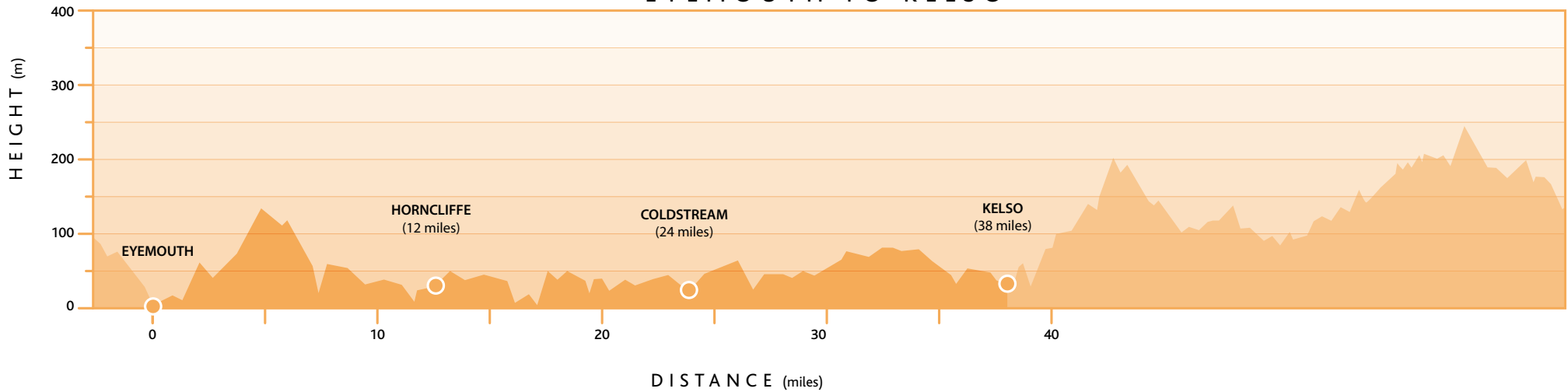




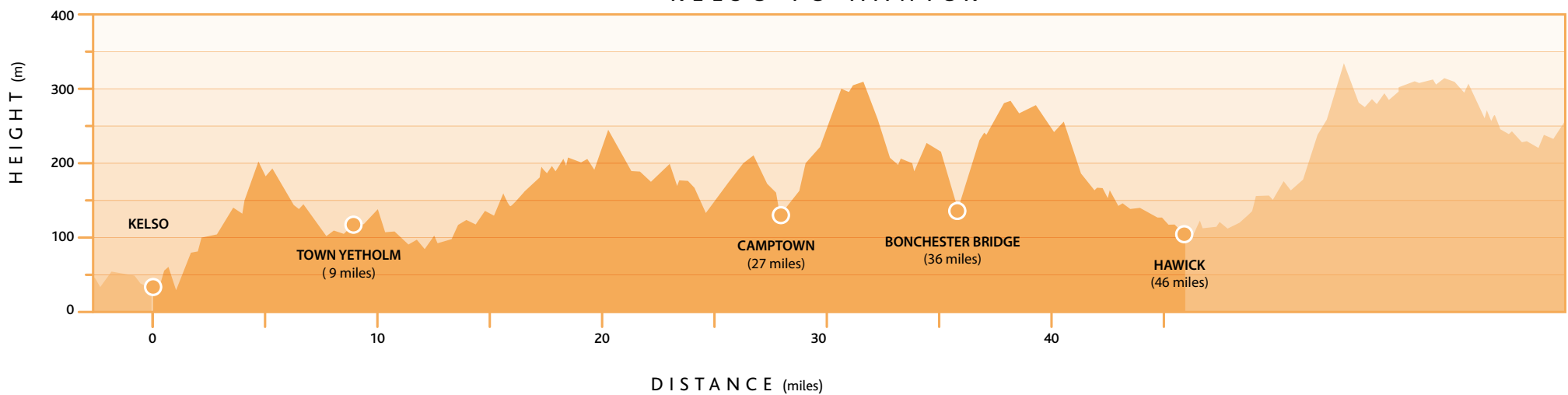
# BORDERLOOP

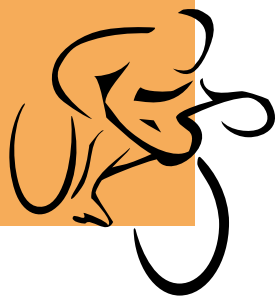
## ROUTE PROFILE SECTION 2 & 3

### EYEMOUTH TO KELSO



### KELSO TO HAWICK

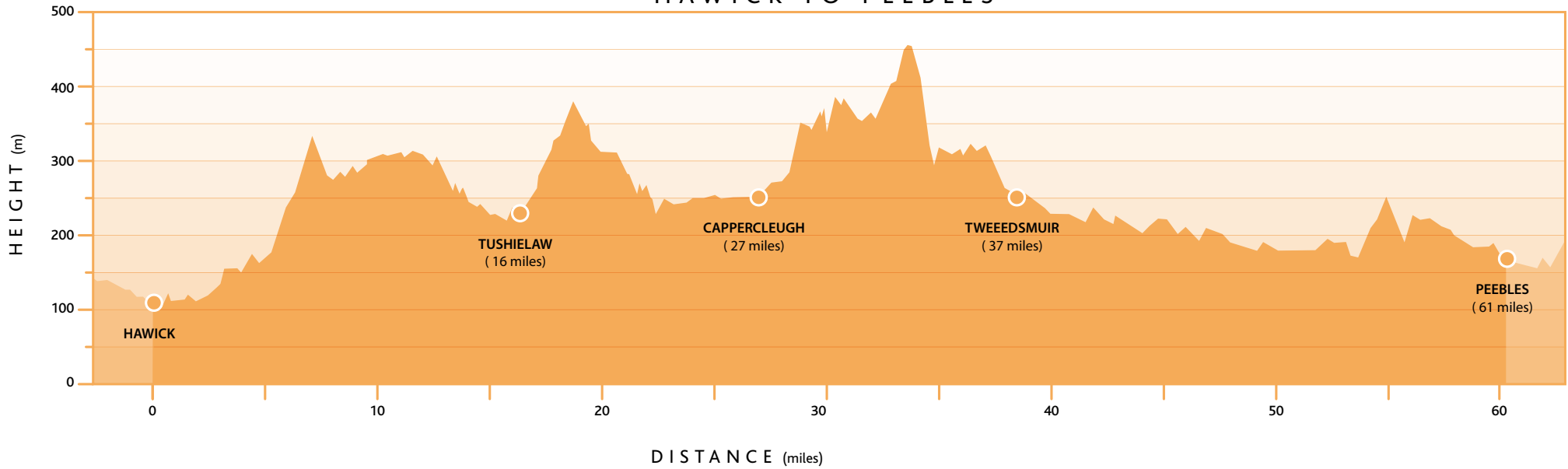




# BORDERLOOP

## ROUTE PROFILE SECTION 4 & 5

### HAWICK TO PEEBLES



### PEEBLES TO MELROSE

